

## **Love Never Dies Book Group Questions**

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*Clearly this list of more than 100 questions is far too large for any one book group. I suggest you read through the questions and pick the best ones for the dynamics of your group's discussion.*

### **Preface**

1. Jean was 58 and Jamie was 21 when they fell in love. Is this age gap possible in a healthy relationship?
2. Have you ever felt the presence or heard the voice of something from another energetic realm?
3. Is writing a book about the presence of spirits a professional death sentence? Why or why not?
4. How much do our experiences as newborns shape our lives?
5. Are “loving and losing” and “death and dying” the two greatest fears?
6. Do all Christians believe that “once in heaven, a spirit being is permanently out of reach and therefore unable to engage in ongoing—or any—contact with the living”? Does this belief system block us from being open to the signs of the dead around us?
7. Are people in our society afraid to acknowledge they've had contact with spirits?
8. Does connecting with the dead prevent us from “moving on”?
9. Why does our society believe that you should “grieve, let go, move on”?
10. Turndorf asserts that “abandoning familiar beliefs is scary.” Why are we so resistant to change?

### **Chapter 1: Finding Jean Again**

11. How can one explain suddenly knowing a new language overnight?
12. Do our loved ones send angels in our time of need?

### **Chapter 2: Preparing Our Funeral**

13. Can Spirit speak through animals?
14. Why do we think we need to be strong in times of loss?
15. Can we save each other or can we only save ourselves from our internal battles?
16. When faced with undeniable odd circumstances often attributed to spirits, why do people refuse to accept the possibility of life after death as one explanation?
17. Are those without formal education more open to spirit? Why is this so?

### **Chapter 3: The Unfuneral**

18. Jamie's house was robbed during Jean's funeral. Why do things like this happen?
19. What do you think of the concept of an “unfuneral: not an end, but a new beginning”?
20. Why do people want to be emotionless including avoiding crying?

### **Chapter 4: Back to Business**

21. Do our dead relatives move heaven and earth or do they simply have access to knowledge of what can/will happen in the future? Turndorf argues both points in this work.
22. Does God want us to undergo intentional mortifications (such as the practices of the Jesuits) in order to tear down our ego and open ourselves up to God?
23. “In addition to the pain in my heart, my guts also felt as though my umbilical cord were being constantly torn out.” Why might Turndorf have felt this way?

### **Chapter 5: Discovering How to Dialogue**

24. How can writing be used to process grief and other emotions?

25. Does God intentionally keep us from romantic love in order to promote our growth in other ways? Why would this be so if love is the ultimate experience of spirit?
26. Jamie channels Jean as saying, “What makes you think that the realm where you are isn’t the illusion and the realm where I am isn’t the reality?” Thoughts?
27. Do we avoid loving fully because losing a loved one is so painful? Or is it because we don’t know how to love fully? Or is it because we don’t think we deserve the fullness of love? Or are there other reasons?
28. Do our spirits need to cleanse themselves of the trauma of their deaths?
29. Why do Catholics, especially the priest cited in this work, believe that the dead are only accessible once one enters heaven? Isn’t this contrary to the communion of saints that is professed by the Church?
30. Is it ethical for spirits to be commandeering the bodies of others to perform in the service of love?
31. Is sex with a ghost possible?
32. Do we meet the dead in our dreams?

### **Chapter 6: Dialoguing to Heal Our Unfinished Business**

33. Do our parents have the ability to severally influence or damage our sex lives on a conscious or subconscious level?
34. Why do parents force their children to be what the parents want rather than embracing the children’s desires and preferences?
35. Why do some people seem to repeatedly attract the same type of tragedy (such as Turndorf and lightning)?
36. How much does fear of death paralyze us?
37. “Death is the ultimate reminder of how little control we have in life. Self-blame helps us regain a semblance of control.” Thoughts?
38. Is it necessary to wait until some people die in order to resolve conflicts with them? Is it even possible?

### **Chapter 7: Dialoguing to Heal My Physical Body**

39. “Of course, no one wanted to believe [that she ate like an anorexic but couldn’t lose weight], because this meant accepting that our bodily functions can be beyond our control. Nobody likes such an anxiety-provoking thought!” Is this why our culture is so judgmental of those suffering from obesity?
40. Why does our language reflect the sensations in our body? Why does our society not want to believe in a mind-body-spirit connection, especially in the scientific and medical community?
41. Have you ever noticed your body odor resembling your lover’s when you haven’t been around each other for a while?

### **Chapter 8: Dialoguing to Remove Obstacles to Our Ministry**

42. How does one go about publically writing about one’s dysfunctional family when the family is still alive?
43. How does understanding someone’s past help with compassion and forgiveness?
44. Why do we tolerate abuse from our parents as adults? Is it because we see them as a safety net as Turndorf asserts?

### **Chapter 9: Dialoguing to Bring Me Comfort**

45. Are we preventing the dead from moving on by calling on them to help us? Are we preventing the dead from moving on by even celebrating them or remembering them?

### **Chapter 10: Dialoguing to Heal My Heart and Soul**

46. Did her parents begin abusing her again because Jean died or did Turndorf allow them to resume their dysfunctional roles? Was she playing the victim as she describes of so many of her clients?
47. How do we turn our pain and loss into something productive?
48. How do we free ourselves from those dastardly voices in our head that put us down and tear us apart? Is Turndorf's solution of Dialoguing with the Dead a good one?
49. Is Turndorf being unhealthily passive as she allows the dead Jean to take over her dead body to heal her? Is this a mentally and spiritually healthy solution?
50. Can two souls inhabit one body and still have it be a healthy situation?
51. Do all deceased loved ones come in peace and forgiveness or can they come in judgment and hate?
52. Is connecting with the dead the way to "heal every corner of your being and life"?

### **Chapter 11: Removing Obstacles to the Spirit**

53. Why are we unaware that some of the top scientific minds believe in communicating with the dead?
54. Is making contact with the spirit world, "akin to doing the devil's work"?
55. "Heaven is here and now. Heaven is all around us. Heaven is among us." True or false?
56. Do we abandon our deceased loved ones by believing they are gone or do they leave us in death?
57. Can we continue to evolve after death?

### **Chapter 12: How is Spirit Communication Possible?**

58. Do you believe in the concept of soul contracts which are the idea that before we incarnate we make agreement with others that will help further our growth?
59. Do we travel in soul groups (or tribes/packs in Turndorf's language)?
60. Is it normal or healthy for a couple of mixed spiritual beliefs (in this case, a Catholic and an atheist) to never discuss religion or spirituality during their relationship? Does this seem odd in a case where "even the Dalai Lama referred to Jean as one of the 50 most spiritual people ever to have lived"?
61. Are self-help authors or healing practitioners in competition with each other or should they be working to support the growth and healing of people?
62. What do you think of the concept that "the past, present, and future don't happen in a continuum. It's more like they're occurring simultaneously"?
63. Is living in the present the key to "personal peace and the end of human suffering"?
64. Turndorf acknowledges that meditation helps people to be more fully in the present, but then she states, "[T]his solitary act largely misses the point. I believe that we're supposed to live in the now so we may be fully present to connect with *others*." Discuss the issues with this idea.
65. "Intense feelings that we can't seem to shake are the clue that a childhood wound has been awakened." Do you find this to be true in your life?
66. Do intimate relationships help us to work together to heal "Old Scars"? Or do they simply perpetuate them in many cases?
67. Is there a connection between skull shape and metaphysical abilities?
68. Do metaphysical abilities arise from fevers, premature births, or other traumas? Are they genetic? Are we born with them and develop them later in life? Do we all have them?
69. Is heightened consciousness the key goal which all enlightened beings aspire to?
70. Do most people "sleepwalk through their days, unaware of what's going on around them"? Why or why not.
71. Is Jean "clearly a saint"?
72. How are spiritual beings able to communicate across languages?
73. Is it possible for people to do long distance energetic healing? If so, how is this possible?

### **Chapter 13: Creating Your Own State of Receptivity**

74. Is internal cleansing, including fevers, a necessary step to being able to reach out to the other side?
75. Is one of the primary purposes of meditation “to be one with God and spirit by turning off the conscious part of the mind”? What other purposes does it serve?
76. Do we need more stillness in our lives as modern Americans?
77. Does our culture lead us to seek happiness in material things? If so, why do we perpetuate this myth?
78. Are those who suffer from physical and emotional ailments better equipped to hear spirit as Turndorf claims?
79. Do intense emotions cleanse our soul? Do they paradoxically also block us from being open to receiving messages from the other side?
80. Is it really a problem for us to occasionally “flood” in our emotions? Is observing our emotions all the time the healthiest thing for us to do? Where is the point of balance with emotions? Is the ability to regulate our emotions like a “radio volume dial” a healthy state of being?
81. “Why is surrendering the illusion of control so important to our spiritual development?”
82. Turndorf writes, “[T]hose who grieve, as well as the sick, the dying, the disabled, and those who emotionally suffer, are God’s chosen ones. They are sacrificial lambs, sent by God to instill a sense of gratitude in other people. [They] are chosen to spark others to fulfill their universal mission on earth....” Is this a patronizing attitude towards those who are suffering? Is it an accurate perspective?
83. “Suffering is a sign of God’s presence, not absence!” Agree or disagree?
84. What do you think of the phrase, “God never gives you more than you can handle”?
85. Do humans tend to turn away from God and our loved ones when we are hurt and angry?
86. Is someone else’s love actually our own self-love? Is this possible?
87. Is spirit “borne on the breath”?
88. Did you find Turndorf’s suggestions for learning to enter a trance to contact the other side to be helpful? Why or why not? What about her suggestions for heightening one’s senses?
89. Are mind reading exercises helpful in developing the skills necessary to contact spirit in your experience or hypothesis? Why or why not?

### **Chapter 14: Recognizing the Signs of Spirit**

90. Is being aware of the signs of spirits’ presence enough to initiate connection?
91. Why does Turndorf argue that “we are restored to perfect health in our spirit bodies” when spirits are energy only and do not have bodies as we do on earth?
92. Are children, the disabled, the terminally ill, the elderly and the homeless more open to spirit communication because of where they are in life? Why or why not?
93. Are the appearances and actions of those in the spirit world always miracles? Or are they simply part of our Universe, albeit a part that many don’t agree on?
94. Why does Turndorf attract so many commenters in her online dating experiences? Is this Jean helping her to learn lessons or are there other explanations?
95. Does “utilitarian theology” dominate our society? That is, do our prayers too often reflect selfish requests?
96. Are all spirits available to commune with us at all times?
97. Does the Dialoguing with the Dead technique vary greatly from mainstream therapy? Does it seem to be a way to resolve issues, especially from our childhoods?
98. Are group séances a good way to interact with spirits?
99. Do you believe all spirit beings are more evolved than us on earth?
100. Can we help those who have died in their spiritual evolution?

101. Do you like the idea of mentally “defanging” those who have hurt you before trying to work through issues with them?
102. Do all “beings in spirit accept you as you are, right where you are”?
103. Do we weld ourselves to our anger and create victim states? Do we miss opportunities to heal because we are in this state?

#### **Chapter 16: Oasis of Love**

104. Are all humans in a lifelong search for peace and love? Are peace and love “like conjoined twins, bound together by shared vital organs”?
105. Do we have to be battered by emotional or physical trauma or hurt by loss in order to arrive at the “oasis” of love? Does the illusion of control prevent us from receiving the peace and love that we seek?

#### **Clients’ Stories**

106. Is living happily ever after possible in a romantic relationship?
107. Do you believe we choose how we will die before we are born?